



Volunteer Shoutout

Essence of Life Hospice would like to give a huge shoutout to one of our loyal volunteers, Kiki Aanestad. Kiki has been with Essence since 2012. Kiki is nominated for the 2024 Volunteer Recognition Ceremony, and we couldn't be prouder. Thank you for your years of hard work and dedication, Kiki!

Grief Support

We have started monthly Grief Support Group sessions at our Amana Office. They are held on the second Tuesday of each month from 6-7pm. These are free and open to the public; all are welcome to attend!

Future Topics: Grief and Loss during the Holidays Part 1 (Nov. 12th); Grief and Loss during the Holidays Part 2 (Dec. 10th)

rick.sparks@essencehospice.com

or

(319)-622-3195



If you are interested or have questions, please contact Jessica Ohrstein at:

jessica.ohrstein@essencehospice.com

or call

(319)622-3195

Patient Volunteers: We are currently looking for volunteers interested in patient care opportunities! Join us and help make a difference in patient lives!

Veteran Volunteers: The Veteran-to-Veteran program aims to pair Veteran volunteers with our Veteran hospice patients to relate and connect in a safe environment where life review and healing can occur. For more information, please visit www.wehonorveterans.org

Sewing Volunteers: We are always looking for interested sewers to help make our Memory Pillows! If you have an interest and some time to spare, contact us today to learn more about opportunities!

Our Mission:

Our mission is to provide comprehensive coordinated care to individuals with life limiting illnesses and to their families and to support them in the process of death and bereavement.

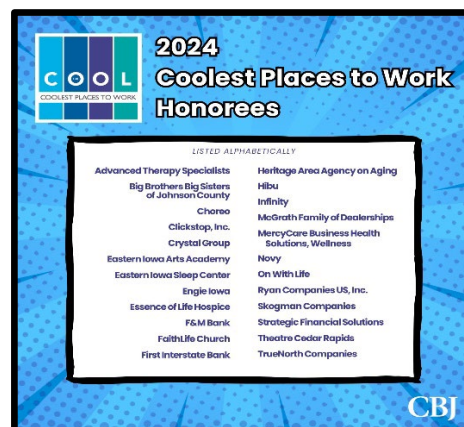
We provide a plan of treatment customized to meet individual patient and family needs and are locally owned and operated. Our goal is to provide palliative care that addresses the physical, psychological, and spiritual dimensions of service for the terminally ill as an integrated whole.

Upcoming Events: National Hospice and Palliative Care Month (November)

- Essence of Life is happy to celebrate National Hospice and Palliative Care Month! This is a time to raise awareness of hospice care and to recognize those who provide end-of-life care!
- We want to thank all the facilities, clinics, pharmacies, funeral homes and all who help support Essence of Life. It is an honor to work with you all and make a difference in patient and family lives.
- Please take the time to check out our Facebook page throughout November for Hospice and Palliative care information!!

Nomination

Essence of Life Hospice was nominated as one of the "Coolest Places to Work" for 2024 by the Corridor Business Journal! We are excited and honored to receive this recognition!



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