

Staff Updates: Welcome!

Essence of Life Hospice recently welcomed some new members to our team! Please welcome...

Amy Jacobsen – Social Work
Jessica Ohrnstein – Volunteer and Outreach Coordinator
Marissa Backes - RN

Grief Support

We have started monthly Grief Support Group sessions at our Amana Office. They are held on the second Tuesday of each month from 6-7pm. These are free and open to the public; all are welcome to attend!

Future Topics: Best/Worst Things to Say to Someone Grieving; Top 10 Ways to Care for Yourself; How to Help a Grieving Friend
rick.sparks@essencehospice.com
or
(319) 622-3195.



We have direct patient care and administrative opportunities available.
YOU CAN MAKE A DIFFERENCE!

If you are interested or have questions please contact Jessica Ohrnstein at:
jessica.ohrnstein@essencehospice.com
or call

(319)622-3195

Veteran Volunteers: The Veteran-to-Veteran program aims to pair Veteran volunteers with our Veteran hospice patients to relate and connect in a safe environment where life review and healing can occur. For more information, please visit
www.wehonorveterans.org

Sewing Volunteers: We are always looking for interested sewers to help make our Memory Pillows! If you have an interest and some time to spare, contact us today to learn more about opportunities!

Our Mission:

Our mission is to provide comprehensive coordinated care to individuals with life limiting illnesses and to their families and to support them in the process of death and bereavement.

We provide a plan of treatment customized to meet individual patient and family needs and are locally owned and operated. Our goal is to provide palliative care that addresses the physical, psychological, and spiritual dimensions of service for the terminally ill as an integrated whole.

Upcoming Events:

Wings of Memory:

- **Location:** Koru Berry Farm outside of Homestead
- **Date/Time:** September 8th, 2024 from 1:00pm-2:30pm

The Butterfly Release Celebration is a beautiful opportunity for our hospice families, friends and community members to gather and celebrate the memories of their loved ones. The event will include a program, music, butterfly release, refreshments, and children's activities. If you have any questions please contact us at (319)622-3195. We hope to see you there!



"A Butterfly to remind me that even though we are apart, your spirit is always with me forever in my heart" – William Wordsworth

Inservice Opportunities

If your organization would like a speaker to talk with your group on end-of-life care topics, please contact our office to set up a time. Various topics including:

Hospice 101, Grief, Advanced Care Planning, Just One More Bite and Pain Management



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