



Mark your calendars for an upcoming event:

Support Group

We will be offering a support group in the spring for anyone interested in attending whether you have had a recent loss or past loss. We will be offering it at the Marengo Public Library from 6-7PM

DATES: TUESDAY APRIL 4TH
TUESDAY APRIL 11TH
TUESDAY APRIL 18TH
TUESDAY APRIL 25TH

We encourage anyone to attend whether you have used our services or not. Questions, please feel free to contact Sara Wade at sara@essencehospice.com or by calling (319)-622-3195.

Our social workers are also available for grief support at any time outside of these support groups. Please contact Sara Wade at sara@essencehospice.com or by calling (319)622-3195

National Volunteer Appreciation Week is April 23-29



Volunteers are the heart of hospice. If you or anyone you know has the desire to give back and make a difference

in people's lives, then you may consider joining our volunteer program. We have direct patient care and non-direct patient care opportunities. No specific time commitment, this can be as much or as little time as you would like to offer.

If you are interested or have additional questions please contact Melissa Phillippe at melissa@essencehospice.com or by calling (319)622-3195

FIVE WAYS HOSPICE CAN HELP

The vast majority of Americans say what they want at the end of life is to die in their own homes, as comfortable and pain-free as possible. The hospice philosophy is about making sure that a patient's death experience reflects their wishes. Here are five ways that hospice helps to deliver this:

Hospice gives you comfort. Hospices are experts at managing life-limiting illness. The hospice team ensures that medication, therapies and treatments all support a care plan that is centered on the patient's goals. And hospice services can be offered wherever the patient calls home, allowing friends and family to visit freely.

Hospice gives you peace. Beyond physical relief, hospice strives to help patients and families find emotional and spiritual comfort during what is often a very traumatic time. Hospice organizations are able to provide families with spiritual care advisors and bereavement professionals who can best support their struggles with death and grieving. These services are part of the hospice benefit, covered by Medicare, Medicaid and most private insurances.

Hospice gives you something extra. Hospice is not only about compassionate medical care and control of pain. Music therapists inspire joy. Massages are offered as well.

Hospice gives caregivers guidance. Most families are not prepared to face the death of a loved one. In addition to caring for patients, hospice also offers services for families and loved ones that provide emotional support and advice to help family members become confident caregivers and adjust to the future with grief support for up to a year.

Hospice gives you more. Be it more joy, more love, or more quality of life in general, the goal of hospice is to offer patients the ability to enjoy the time they have remaining, and create meaningful memories for their families. Hospice offers more moments of life.



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If you wish to be taken off this mailing, please call 319-622-3195 or email melissa@essencehospice.com