



Mark your calendars for upcoming events:

Annual "Wings of Memories" Butterfly Release Celebration

When: Sun., June 14th 1-2:30pm

Where: Amana Colonies Golf Course

The Butterfly Release Celebration is a beautiful opportunity for our hospice families, friends and community members to gather and celebrate the memories of their loved ones. You have the opportunity to release a butterfly in memory of a loved one if you wish. Butterflies are a \$5 donation to the Essence of Life Living Dreams program. There will be a service, butterfly release, and then refreshments to follow.



For more information or questions contact: Tanya Powell at 319-622-3131.

Interested in Volunteering?

We are in need of additional volunteers to serve our patients and families. We have direct patient opportunities and other opportunities. A few examples of what our volunteers so graciously do: visit with



patients and families, light housekeeping, prepare a meal, pet companionship, bake for events, office/clerical work.

If you have further questions or are interested in the opportunity to volunteer with hospice please contact Erin Folkmann, Volunteer Coordinator, at 319-622-3195 or erin@essencehospice.com.



If you wish to be taken off this mailing, please email erin@essencehospice.com or call 319-622-3195

Upcoming Support Group

Essence of Life Hospice will be offering a grief support group for anyone who has experienced a recent or past loss of a loved one. There is no cost to attend and anyone is welcome-whether Hospice services have been used or not.

Location: Marengo Public Library Community Room, 235 E. Hilton St. Marengo.

Dates/Time: Tuesday April 28th, May 5th, May 12th, and May 19th. The group will meet from 6pm-7pm.

Support groups offer a safe place for people to do the work of mourning. Coping with loss is discussed in a supportive and confidential environment. Topics include:

- dealing with loneliness
- stress management
- finding meaning and reinvesting in life
- understanding the grieving process
- adjusting to life without the loved one

No registration necessary, please contact Sara Wade with any questions: (319) 622-3195 or sara@essencehospice.com.

Our social workers are also available for grief support at any time outside of the support groups. Please contact Erin Folkmann or Sara Wade for any additional support services.

Essence of Life Hospice Recognized as a We Honor Veterans Partner

It may surprise many people to learn that 25 percent of those who die every year in the U.S. are Veterans. To help provide care and support that reflect the important contributions made by these men and women, Essence of Life Hospice has become a national partner of **We Honor Veterans**, a pioneering campaign developed by National Hospice and Palliative Care Organization in collaboration with the Department of Veterans Affairs.

As a **We Honor Veterans** Partner, we will implement ongoing Veteran-centered education for our staff and volunteers to help improve the care they provide to the Veterans they proudly serve. The nation is seeing many of the Veterans who served in World War II and Korea pass away—and the number of deaths of Vietnam Veterans is beginning to rise.

“All hospices are serving Veterans but often aren’t aware of that person’s service in the armed forces,” said J. Donald Schumacher, NHPCO president and CEO. “Through **We Honor Veterans** we are taking a giant step forward in helping hospice and palliative care providers understand and serve Veterans at the end of life and work more effectively with VA medical facilities in their communities.”

The resources of **We Honor Veterans** focus on respectful inquiry, compassionate listening, and grateful acknowledgment, coupled with Veteran-centric education of health care staff caring for Veterans. To learn more about **We Honor Veterans** please visit www.wehonorveterans.org or contact Sara Wade (319) 622-3195 or sara@essencehospice.com.

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